

54 days to change the world. Day 23.

Today is the twenty-third day of this novena. We will be praying the Sorrowful Mysteries in a spirit of petition.

St. Francis de Sales (1567–1622) was a theologian, mystic, missionary, and spiritual director. He was also a prolific writer and the founder of a religious order. When he became Bishop of the Calvinist stronghold of Geneva, Switzerland—a place in which many Catholics had abandoned the True Faith—he converted as many as 70,000 souls. St. Francis de Sales was a gentle man who loved Our Lady and her Son immensely. Humbly, he allowed this love and devotion to transform him into a powerful leader and intercessor. As you enter into your daily prayers, consider using some of his words in your reflections!

“Let us run to Mary and as her little children cast ourselves into her arms with a perfect confidence!”

“The greatest method of praying is to pray the Rosary.”

“Never be in a hurry; do everything quietly and in a calm spirit. Do not lose your inner peace for anything whatsoever, even if your whole world seems upset. What is anything in life compared to peace of soul?”