

54 days to change the world. Day 32.

Today is the thirty-second day of this novena. We will be praying the Sorrowful Mysteries in a spirit of thanksgiving.

Thanksgiving is the proper posture of prayer. When cultivated in your soul, it lends to true humility and love of the Father. As we discussed yesterday, Mary's praise of the Lord is an exclamation of all these things: prayer, humility, and thanksgiving.

The Blessed Trinity Prayer Book includes a beautiful prayer titled "Prayer of Thanksgiving with Mary, Mother of God". In addition to your daily Rosary, consider joining Mary in a prayer of thanksgiving by praying the following prayer:

"O Mary, with you we magnify the Lord today and without ceasing, Who has done great things for you, Who is mighty and holy in His Name. With the angels and with all generations we call you blessed, we salute you full of grace and conceived without sin whom the Triune God raised above all the angels and saints and chose for His own true Mother. With you, O Mary, we offer thanks for your privileges to the Father, to the Son, and to the Holy Spirit. O Mary, true Mother of God, at the foot of the cross you gave your first-born Son unto death for us, and so in your sorrow became our Mother. Help us, Mary with your continual love that we, the children of your sorrow, may with you, the holy martyrs, and all the saints of God, follow your crucified Son even unto death. Prove yourself a Mother, and after the crosses and sorrows of this life show unto us in Heaven, Jesus, the blessed fruit of your womb. Amen."